Journal View

Inflammatory Markers May Predict CKD Risk

Elevated levels of several markers of inflammation predict an increased long-term risk of chronic kidney disease (CKD), reports a study in the *American Journal of Kidney Diseases*.

The researchers analyzed data from a predominantly white population of patients enrolled in a prospective study of CKD risk factors. Up to 4926 participants were followed up for 15 years. Levels of inflammatory markers—high-sensitivity C-reactive protein, tumor necrosis factor-α receptor 2 (TNF-αR2), white blood cell count, and interleukin-6—were measured in stored blood samples. Associations with CKD were examined in cross-sectional and longitudinal analyses.

All four inflammatory markers were associated with a higher prevalence of CKD at baseline. On longitudinal analysis of participants free of CKD at baseline, all markers except for C-reactive protein were associated with incident CKD. Hazard ratios, comparing the highest with the lowest tertiles of biomarker levels, were 2.10 for TNF-αR2, 1.90 for white blood cell count, and 1.45 for interleukin-6. The associations were "relatively robust" on adjustment for confounders, and remained significant on analyses using different definitions of CKD.

Animal experiments suggest that inflammatory processes play an important role in the development of kidney disease. The new study identifies several inflammatory biomarkers associated with prevalent and incident CKD in a general population sample. If the findings are borne out by future studies, measuring TNF-αR2, white blood cells, and interleukin-6 might provide a new approach to identifying patients at high risk of CKD [Shankar A, et al: Markers of inflammation predict the long-term risk of developing chronic kidney disease: a population-based cohort study. *Kidney Int* 2011; 80:1231–1238].

vomiting. The data described below reflect the safety profile of VOTRIENT in 290 RCC patients who participated in a randomized, double-blind, placebo-controlled study *[see Clinical Studies (14) of full prescribing information]*. The median duration of treatment was 7.4 months (range 0 to 23) for patients who received VOTRIENT and 3.8 months (range 0 to 22) for the placebo arm. Forty-two percent (42%) of patients on VOTRIENT required a dose interruption. Thirty-six percent (36%) of patients on VOTRIENT were dose reduced. Table 1 presents the most common adverse reactions occurring in ≥10% of patients who received VOTRIENT.

Table 1. Adverse Reactions Occurring in ≥10% of Patients who Received VOTRIENT

	VOTRIENT (N = 290)			Placebo (N = 145)		
	All Grades[a]	Grade 3	Grade 4	All Grades[a]	Grade 3	Grade 4
Adverse Reactions	%	%	%	%	%	%
Diarrhea	52	3	<1	9	<1	0
Hypertension	40	4	0	10	<1	0
Hair color changes	38	<1	0	3	0	0
Nausea	26	<1	0	9	0	0
Anorexia	22	2	0	10	<1	0
Vomiting	21	2	<1	8	2	0
Fatigue	19	2	0	8	1	1
Asthenia	14	3	0	8	0	0
Abdominal pain	11	2	0	1	0	0
Headache	10	0	0	5	0	0

[a] National Cancer Institute Common Terminology Criteria for Adverse Events, version 3.

Other adverse reactions observed more commonly in patients treated with VOTRIENT than placebo and that occurred in <10% (any grade) were alopecia (8% versus <1%), chest pain (5% versus 1%), dysgeusia (altered taste) (8% versus <1%), dyspepsia (5% versus <1%), facial edema (1% versus 0%), palmar-plantar erythrodysesthesia (hand-foot syndrome) (6% versus <1%), proteinuria (9% versus 0%), rash (8% versus 3%), skin depigmentation (3% versus 0%), and weight decreased (9% versus 3%). Table 2 presents the most common laboratory abnormalities occurring in >10% of patients who received VOTRIENT and more commonly (≥5%) in patients who received VOTRIENT versus placebo.

Table 2. Selected Laboratory Abnormalities Occurring in >10% of Patients who Received VOTRIENT and More Commonly (≥5%) in Patients who Received VOTRIENT Versus Placebo

	VOTRIENT (N = 290)			Placebo (N = 145)		
	All Grades[a]	Grade 3	Grade 4	All Grades[a]	Grade 3	Grade 4
Parameters	%	%	%	%	%	%
Hematologic						
Leukopenia	37	0	0	6	0	0
Neutropenia	34	1	<1	6	0	0
Thrombocytopenia	32	<1	<1	5	0	<1
Lymphocytopenia	31	4	<1	24	1	0
Chemistry						
ALT increased	53	10	2	22	1	0
AST increased	53	7	<1	19	<1	0
Glucose increased	41	<1	0	33	1	0
Total bilirubin increased	36	3	<1	10	1	<1
Phosphorus decreased	34	4	0	11	0	0
Sodium decreased	31	4	1	24	4	0
Magnesium decreased	26	<1	1	14	0	0
Glucose decreased	17	0	<1	3	0	0

[a] National Cancer Institute Common Terminology Criteria for Adverse Events, version 3.

Hepatic Toxicity: In a controlled clinical study with VOTRIENT for the treatment of RCC, ALT >3 X ULN was reported in 18% and 3% of the VOTRIENT and placebo groups, respectively. ALT >10 X ULN was reported in 4% of patients who received VOTRIENT and in <1% of patients who received placebo. Concurrent elevation in ALT >3 X ULN and bilirubin >2 X ULN in the absence of significant alkaline phosphatase >3 X ULN occurred in 5/290 (2%) of patients on VOTRIENT and 2/145 (1%) on placebo. *[See Dosage and Administration (2.2) of full prescribing information and Warnings and Precautions (5.1).]* **Hypertension:** In a controlled clinical study with VOTRIENT for the treatment of RCC, 115/290 patients (40%) receiving VOTRIENT compared with 15/145 patients (10%) on placebo experienced hypertension. Grade 3 hypertension was reported in 13/290 patients (4%) receiving VOTRIENT compared with 1/145 patients (<1%) on placebo. The majority of cases of hypertension were manageable with anti-hypertensive agents or dose reductions with 2/290 patients (<1%) permanently discontinuing treatment with VOTRIENT because of hypertension. VOTRIENT has been associated with hypertensive crisis in patients with various cancer types including RCC. In the overall safety population for RCC (N = 586), one patient had hypertensive crisis on VOTRIENT. *[See Warnings and Precautions (5.6).]* **QT Prolongation and Torsades de Pointes:** In a controlled clinical study with VOTRIENT, QT prolongation (≥500 msec) was identified on routine electrocardiogram monitoring in 3/290 (1%) of patients treated with VOTRIENT compared with no patients on placebo. Torsades de pointes was reported in 2/586 (<1%) patients treated with VOTRIENT in the RCC studies. *[See Warnings and Precautions (5.2).]* **Arterial Thrombotic Events:** In a controlled clinical study with VOTRIENT, the incidences of arterial thrombotic events such as myocardial infarction/ischemia [5/290 (2%)], cerebral vascular accident [1/290 (<1%)], and transient ischemic attack [4/290 (1%)] were higher in patients treated with VOTRIENT compared to the placebo arm (0/145 for each event). *[See Warnings and Precautions (5.4).]* **Hemorrhagic Events:** In a controlled clinical study with VOTRIENT, 37/290 patients (13%) treated with VOTRIENT and 7/145 patients (5%) on placebo experienced at least 1 hemorrhagic event. The most common hemorrhagic events in the patients treated with VOTRIENT were hematuria (4%), epistaxis (2%), hemoptysis (2%), and rectal hemorrhage (1%). Nine (9/37) patients treated with VOTRIENT who had hemorrhagic events experienced serious events including pulmonary, gastrointestinal, and genitourinary hemorrhage. Four (4/290) (1%) patients treated with VOTRIENT died from hemorrhage compared with no (0/145) (0%) patients on placebo. *[See Warnings and Precautions (5.3).]* In the overall safety population in RCC (N = 586), cerebral/intracranial hemorrhage was observed in 2/586 (<1%) patients treated with VOTRIENT. **Hypothyroidism:** In a controlled clinical study with VOTRIENT, more patients had a shift from thyroid stimulating hormone (TSH) within the normal range at baseline to above the normal range at any post-baseline visit in VOTRIENT compared with the placebo arm (27% compared with 5%, respectively). Hypothyroidism was reported as an adverse reaction in 19 patients (7%) treated with VOTRIENT and no patients (0%) in the placebo arm. *[See Warnings and Precautions (5.8).]* **Diarrhea:** Diarrhea occurred frequently and was predominantly mild to moderate in severity. Patients should be advised how to manage mild diarrhea and to notify their healthcare provider if moderate to severe diarrhea occurs so appropriate management can be implemented to minimize its impact. **Proteinuria:** In the controlled clinical study with VOTRIENT, proteinuria has been reported as an adverse reaction in 27 patients (9%) treated with VOTRIENT. In 2 patients, proteinuria led to discontinuation of treatment with VOTRIENT. *[See Warnings and Precautions (5.9).]* **Lipase Elevations:** In a single-arm clinical study, increases in lipase values were observed for 48/181 patients (27%). Elevations in lipase as an adverse reaction were reported for 10 patients (4%) and were Grade 3 for 6 patients and Grade 4 for 1 patient. In clinical RCC studies of VOTRIENT, clinical pancreatitis was observed in 4/586 patients (<1%). **Cardiac Dysfunction:** Pazopanib has been associated with cardiac dysfunction (such as a decrease in ejection fraction and congestive heart failure) in patients with various cancer types, including RCC. In the overall safety population for RCC (N = 586), cardiac dysfunction was observed in 4/586 patients (<1%).

7 DRUG INTERACTIONS

7.1 Drugs That Inhibit or Induce Cytochrome P450 3A4 Enzymes

In vitro studies suggested that the oxidative metabolism of pazopanib in human liver microsomes is mediated primarily by CYP3A4, with minor contributions from CYP1A2 and CYP2C8. Therefore, inhibitors and inducers of CYP3A4 may alter the metabolism of pazopanib. **CYP3A4 Inhibitors:** Coadministration of pazopanib with strong inhibitors of CYP3A4 (e.g., ketoconazole, ritonavir, clarithromycin) may increase pazopanib concentrations. A dose reduction for VOTRIENT should be considered when it must be coadministered with strong CYP3A4 inhibitors *[see Dosage and Administration (2.2)]*. Grapefruit juice should be avoided as it inhibits CYP3A4 activity and may also increase plasma concentrations of pazopanib. **CYP3A4 Inducers:** CYP3A4 inducers such as rifampin may decrease plasma pazopanib concentrations. VOTRIENT should not be used if chronic use of strong CYP3A4 inducers can not be avoided *[see Dosage and Administration (2.2)]*.

New Data on Cancer Risk after Organ Transplantation

Patients with kidney or other solid organ transpalants are at increased risk of a wide range of cancers, reports a study in *The Journal of the American Medical Association*.

The researchers used linked cancer registries to analyze patterns of cancer risk after organ transplantation. The analysis included data on 175,732 solid organ transplant recipients, approximately 58 percent of whom received kidney transplants. The rest received liver (22 percent), heart (10 percent), and lung (4 percent) transplants.

The overall incidence of cancer after organ transplant was 1375 per 100,000 person-years, with a standardized incidence ratio (SIR) of 2.0. The increase was seen not only for infection-related cancers such as Kaposi sarcoma and anal cancer; but also for cancers with no known link to infection, such as melanoma, thyroid cancer, and lip cancer. The most common cancers showing excess risk were non-Hodgkin lymphoma, SIR 7.54; lung cancer, SIR 1.97; liver cancer, SIR 11.56; and kidney cancer, SIR 4.65.

Lung cancer risk was highest in lung transplant recipients, but was also increased for kidney recipients: SIR 1.46. The risk of kidney cancer was highest for kidney transplant recipients, SIR 6.66, with an initial peak in the first year and a second peak during years 4 to 15. Kidney cancer risk was also increased for liver and heart recipients: SIR 1.80 and 2.90, respectively.

The results show an increased risk of a wide range of cancers—including cancers apparently unrelated to infection—in kidney, liver, heart, and lung recipients. Especially with improvement in long-term survival rates, new approaches to cancer prevention and early detection after organ transplantation are needed [Engels EA, et al: Spectrum of cancer risk among US solid organ transplant recipients. *JAMA* 2011; 306: 1891–1901].